# 2015-16 PRODUCT CATALOG



## IMPROVING PATIENT SAFETY THROUGH INNOVATIVE PRODUCT ENGINEERING AND DESIGN

A DIVISION OF INTEGRATED MEDICAL TECHNOLOGIES, INC.



## OVER 25 YEARS OF PROFESSIONAL USE

A U.S. engineering and manufacturing firm dedicated to providing quality sterile processing and related products that enhance patient safety to the dental and healthcare industries while reducing patient treatment costs. Located in Western New York in the village of Leicester, CPAC Environmental Solutions manufactures high-velocity hot air sterilizers, static dry heat sterilizers, dental evacuators, sterilization containers, sterilization indicators, and their world recognized CPAC Silver Recovery Systems – the legacy business on which the company was founded.

# MISSION

Our mission is to provide customers with the highest quality of US manufactured products that offer the greatest value, quality and service and to do so with integrity and a commitment to continuous improvement. We accept this challenge with a commitment to excellence knowing that achievement will contribute to the growth and success of our customers, employees, company and the communities which we serve.

# VISION

In focusing on patient safety improvements with meaningful product solutions and alternatives, CPAC Environmental Solutions will continually sustain a company infrastructure that pushes innovation, research, product development, manufacturing systems, cost control and marketing of the Company and its products with the vision and drive to achieve maximum growth.



2364 Leicester Road • PO Box 175 Leicester, NY 14481 (800) 828-6011 • (585) 382-3223 STERISURE.COM

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ITAL AND MICROSURGICAL INSTRUMENTS"



**THE LEADER** IN HIGH-VELOCITY HOT AIR **TECHNOLOGY FOR INSTRUMENT** STERILIZATION.





## THE COX RAPIDHEAT ADVANTAGE

- Completes Sterilization Cycles in 6, 8 and 12 minutes
- Uses 84% LESS Energy than Steam

### • Does not corrode, pit, or dull instruments

- No water, steam, or chemicals
- USA Made FDA Approved

# **BENEFITS OF DRY HEAT STERILIZATION**

- Promotes longer instrument life Does not corrode, pit, or crack
- Eliminates need for water, rust inhibitors or • chemicals
- Faster instrument turnaround Reduces instrument investment
- Lower maintenance cost No toxic residue or effluent



#### **SPECIFICATIONS**

Unit Size (OD)	17" W x 17" D x 15" H,		
	432 mm x 432 mm x 381 mm		
Chamber Size (ID)	8.25" W x 7.5" D x 3" H		
Weight	50 lbs (23 Kg)		
Dimensional Shipping	61 lbs, 24" x 22" x 19"		
Instrument Basket	8.25" W x 7.5" D x 1.5" H		
Dimensions	216 mm x 229 mm x 38 mm		
Electrical	110-120V, 60Hz, 1100 Watts warm up,		
	300 Watts operating		
	220-240V, 50Hz, 1100 Watts warm up,		
	300 Watts operating		
Sterilization Temperature	375º Fahrenheit (190º Celsius)		
Warranty	One year (parts and labor)		
Model	6000		
Approvals	ETL FDA 510(k) K881371		
<b>KING US</b>	Health Can Lic #93771		
	UL 61010-1		
	CAN/CSA C22.2 No.61010-1,		
Intertek	CSA C22.2 No. 61010-2-040-07		

#### **STERILIZATION TIMES**

Cycle 1:	6 minutes for unwrapped instruments
Cycle 2:	8 minutes for hand pieces and and medical drills
Cycle 3:	12 minutes for packaged instruments

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#### **INCLUDED WITH STERILIZER**



**INSTRUMENT** BASKET



**INSTRUMENT RACK** (FOR PACKAGED **INSTRUMENTS)** 



**BASKET REMOVAL** TOOL



**COOLING RACK** 

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**THE LEADER** IN STATIC DRY HEAT STERILIZATION FOR ALL METAL AND STEAM SENSITIVE INSTRUMENTS.

## **STERISURE DRY HEAT STERILIZERS** MICROPROCESSOR CONTROLLED UNITS FOR ALL METAL AND STEAM SENSITIVE INSTRUMENTS.



# THE STERISURE STATIC DRY HEAT ADVANTAGE

- spores without moisture.
- Does not dull, pit, or rust sharp instruments.
- Dry heat sterilization does not require a dry cycle that adds to the sterilization cycle time.
- SteriSURE Dry Heat Sterilizers kill bacteria and Economical, minimal maintenance, low operating cost, no water or chemicals.
  - SteriSURE Dry Heat Sterilizers require no routine cleaning. The high quality stainless steel construction maintains a great looking unit for years.



#### **SPECIFICATIONS**

Sterilization Time:	60 minutes
Unit Size (OD):	
Model 2100	15.25" W x 11" D x11.75" H
	387 mm x 279 mm x 298 mm
Model 3100	17.75″ W x 13″ D x 12.75″ H
	450 mm x 330 mm x 324 mm
Chamber Size (ID):	
Model 2100	11.25" W x 7" D x 4.25" H • 286 x 178 x 108
Model 3100	13.75" W x 8" D x 6.25" H • 349 x 203 x 159
Weight:	
Model 2100	17 lbs (8 Kg)
Model 3100	27 lbs (13 Kg)
Dimensional Shipping We	eight/Dimensions:
Model 2100	20 lbs, 20" x 16" x 14"
Model 3100	39 lbs, 22" x 18" x 16"
Tray Size:	
Model 2100 (2 trays)	10"W x 6.25"D, 254 mm x 159 mm
Model 3100 (3 trays)	11.75"W x 7.25"D, 298 mm x 184 mm
Electrical:	110V-120V, 60Hz, Model 2100, 500 watts
	220V-240V, 50Hz, Model 3100, 750 watts
Sterilization Temperature	: 320º Fahrenheit (160º Celsius)
Warranty:	One year (parts and labor)
Models:	2100, 3100
Approvals:	ETL FDA 510(k) K094026
(6)	IEC Safety Standard 61010-2-040
and the second se	Validated to AAMI Standards ST-40 and S
	UL 61010-1, CAN/CSA C22.2 No. 61010-1
Inter	tek



	PR	ODUCT FEATURES
	•	Audible and visual indication of warm-up and completion of sterilization cycle
	٠	Paperless data storage
8 mm	•	Error message will display if cycle is interrupted
mm	•	Temperature can be displayed in Celsius or Fahrenheit
	•	Automatic shutoff (adjustable from 2-4 hours after cycle is complete)
	•	Maintains temperature between cycles
	•	Solid State control of heaters
	-	
	-	

ST-50

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**AFFORDABLE MANUALLY-CONTROLLED** STERILIZATION FOR ALL METAL AND STEAM SENSITIVE INSTRUMENTS.



STERIDENT DRY HEAT STERILIZERS KILL BACTERIA WITHOUT MOISTURE AND WILL NOT DULL SHARP INSTRUMENTS.



# **HIGH-QUALITY, RUGGED PERFORMANCE AND TOTAL DEPENDABILITY**

- Stainless steel construction means no rust – ever!
- Unlike wet heat methods, SteriDent Dry Heat • Sterilizers require no routine cleaning.
- Utility trays can be sterilized with lids on and stored without contamination.
- Low purchase cost and low operating cost no distilled water to buy!



### **SPECIFICATIONS**

Sterilization Time:	60 minutes
Unit Size (OD)	
Model 200	15.5" W x 9.5" D x 10.5" H
	394 mm x 241 mm x 267 mm
Model 300	19" H x 11" D x 14.5" H
	483 mm x 279mm x 368mm
Chamber Size (ID)	
Model 200	11.25" W x 7.5" D x 4.75" H • 286 x 190 x 121 mm
Model 300	13.5" W x 8" D x 6.75" H • 343 x 203 x 171 mm
Weight:	
Model	200 13 lbs, (6 Kg)
Model	300 20 lbs, (9 Kg)
Shipping Weight/Dimensions:	
Model 200	16 lbs, 20" x 16" x 14"
Model 300	45 lbs, 22" x 18" x 18"
Tray Size:	
Model 200 (2 trays)	10" W x 6.25" D, 254 x 159 mm
Model 300 (3 trays)	11.75" W x 7.25" D, 298 x 184 mm
Electrical:	110-120V, Model 200, 500 watts
	220-240V, Model 300, 750 watts
Sterilization Temperature:	320º Fahrenheit (160º Celsius)
Warranty:	One year (parts and labor)
Models:	200, 300
Approvals:	FDA 510(k) K771070
<b>EIP</b> <sub>us</sub>	UL 61010-1, IEC Safety Standard 61010-2-040
CUSTED.	CAN/CSA C22.2 No. 61010-1





#### **PRODUCT FEATURES**

- Dry heat sterilization works • without pressure, steam, or chemicals, which increases safety.
- SteriDent products feature a • rapid-start heating element for fast operation.

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Thermal cutout protection prevents overheating.



### DESIGNED FOR AFFORDABILITY, **RELIABILITY**, AND **EASY INSTALLATION.** ITS WATERLESS **OPERATION IS HIGHLY ECONOMICAL.**

## **USES NO WATER**

ENVIRONMENTALLY FRIENDLY, WHEREAS COMPARABLE INJECTION PUMP SYSTEMS MAY WASTE AS MANY AS 600 GALLONS PER DAY.

### **ULTRA-QUIET**

Steri-Vac's acoustical housing means quiet operation. This model includes a collection canister to separate solids, permitting recovery of lost crowns and inlays.

#### SIMPLE, STRAIGHT-FORWARD INSTALLATION

Since running water is not used in this system, installation is simple – no water pump to install. Systems are available for 115V or 230V to simplify electrical requirements.

#### **NO DOWN TIME**

A motor can be changed without tools in minutes – no need to call a service technician. Units are supplied with a spare motor.

#### **HIGH-VOLUME EVACUATION**

This system effectively serves multiple operatories. Update your present system or use SteriVac as a replacement power source for your current central power unit.



Brushless motor lasts up to five times longer • Minimal cost of ownership Ideal for up to five operatories • Practically maintenance free Superior suction • Easily connects to existing plumbing



### **SPECIFICATIONS**

Note: All units available in 220-240 VAC, 50/60 HZ	<b>Central VAC w/</b> <b>Brushless Motor</b> #400616-115V #400617-230V	<b>Central VAC</b> #400016 (SV-2)-115V #400016-230V	Central VAC w/ Canister and Brushless Motor #400613-115V #400614-230V	<b>Central VAC w/</b> <b>Canister</b> #400018 (SV-4)-115V #400018-230V
Electrical	1-1/2 HP 2-stage brushless motor	7/8 HP 115 VAC, 50/60 Hz, 8 Amps	1-1/2 HP 2-stage brushless motor	7/8 HP 115 VAC, 50/60 Hz, 8 Amps
	115 VAC, 50/60 Hz, 14 Amps 230 VAC, 50/60 Hz, 7.2 Amps	230 VAC, 50/60 Hz, 4.0 Amps	115 VAC, 50/60 Hz, 14 Amps 230 VAC, 50/60 Hz 7.2 Amps	230 VAC, 50/60 Hz, 4.0 Amps
Motor Control	Remote Motor Start	Remote Motor Start	Remote Motor Start	Remote Motor Start
Sound Level db	70 dB	68 dB	70 dB	68 dB
Construction	Sheet Metal	Sheet Metal	Sheet Metal	Sheet Metal
	Powder Coated	Powder Coated	Powder Coated	Powder Coated
Chair Capacity	2-5	1-2	2-5	1-2
Vacuum Suction	120" of water (9" of Hg)	80" of water (6" of Hg)	120" of water (9" of Hg)	80" of water (6" of Hg)
Vacuum Airflow	125 cfm	75 cfm	125 cfm	75 cfm
Canister	None	None	Molded plastic - 5L	Molded plastic - 5L
Weight (unit+canister)	52 lbs	46 lbs	60 (52 + 8) lbs	54 (46 + 8) lbs
Shipping Wt./Dim.	13 lbs, 10" x 11" x 12"	13 lbs, 10" x 11" x 12"	44 lbs, 30" x 15" x 16"	44 lbs, 30" x 15" x 16"
	70 lbs, 2 pkgs, 24" x 21" x 23"	70 lbs, 2 pkgs, 24" x 21" x 23"	70 lbs, 2 pkgs, 24" x 21" x 23"	70 lbs, 2 pkgs, 24" x 21" x 23"
Ships via	UPS/FEDX	UPS/FEDX	UPS/FEDX	UPS/FEDX
Dimensions (unit)	17" W x 19" D x 19" H	17" W x 19" D x 19" H	17" W x 19" D x 19" H	17" W x 19" D x 19" H
Dimensions (canister)	N/A	N/A	10" Dia. x 16" H	10" Dia. x 16" H
Options	Amalgam separator	Amalgam separator	Amalgam separator	Amalgam separator
Warranty:	One year (parts and labor)			

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### PERFECT WHERE CENTRAL **INSTALLATION IS IMPRACTICAL** AND FOR PRACTITIONERS WITH AN EXTRA OFFICE TO FURNISH.

# **IDEAL FOR BACK-UP**

A LIFESAVER WHEN THE CENTRAL SYSTEM BREAKS DOWN. THE USER JUST ROLLS IT OUT, PLUGS IT IN, AND KEEPS OPERATING.

#### COMPACT

Measures only 13" W x 16" D x 26" H. Not an obstacle at chair side and stores inconspicuously.

#### **VALUE PRICED**

Easily the least expensive of oral evacuation units. Excellent for limited budgets.

#### **EASY MAINTENANCE**

Non-corrosive collection canister cleans easily and is equipped with an automatic overflow shut-off. Motor comes with a one-year guarantee and can be replaced in minutes with a screwdriver.

#### **MOVES EASILY**

Rolls quietly on large polyethylene carpetcasters.

#### **EFFICIENT**

Adjustable motor speed can evacuate indefinitely at the rate of 75 cfm, or can be adjusted to the user's preference. Airflow adjustment valves on hoses.

#### **SPECIAL USES**

Needed especially by the dentist in a temporary location or when it is not feasible to install a central system. Perfect for such specialists as periodontists, orthodontists, endodontists hygienists and other professions.





#### **SPECIFICATIONS**

Electrical	7/8 HP
	101008 (PV-5) 115 VAC, 50/60 Hz
	101009 230 VAC, 50/60 Hz
	4.0 Amps
Sound Level db	70 db at 100% vacuum
Motor Control	Variable Speed Control
Construction	Molded polyethylene-Impact Resistant
Chair Capacity	Comes with 2 hoses
Vacuum Suction	80" of water (6" of Hg)
Vacuum Airflow	75 cfm
Canister	Stainless Steel - 2 Liter
Net Weight	35 lbs
Shipping Wt./Dim.	60 lbs, 20" x 16" x 31"
Ships via	UPS/FEDX
Dimensions (unit)	13" W x 16" D x 26" H
Dimensions (canister)	7" Dia. x 8" H
Warranty	One year (parts and labor)

#### **PRODUCT FEATURES**

Equipped with Muffler System for • quiet operation

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- Valves on each suction hose •
- Hanger provided for hose .
- High volume suction

# **STERILIZATION SUPPLIES & ACCESSORIES**

## **CPAC TABLE-TOP IMPULSE SEALERS**

- Available with or without built-in pouch cutter
- Seals up to 8" wide pouch/tubing
- Sealing Width .0625" •
- Cutter Model cuts .25" above seal

#400670 Impulse Sealer Ship Wt - 11 lbs

#400669 Impulse Sealer w/cutter Ship Wt – 9 lbs



## **CPAC INSTRUMENT ORGANIZER**

• Requires no top cover

**CPAC DRY HEAT** 

4006

4006

4006

4006

4006

**SELF-SEALING BAGS** 

- Organizes and secures instruments for sterilization •
- Designed for easy insertion into sterilization pouch •
- Up to 7 Organizers per COX Instrument Rack (21 ٠ instruments/cycle)
- Solid stainless steel construction

7" L x 2.5" W x .675" H CX0403



**CPAC DRY HEAT** 

**INDICATOR STRIPS** 

## **CPAC NYLON ROLL STOCK TUBING**

#400666

3" width

100ft Roll

- Make Pouches To Any Length
- Convenient, Economical

2" width

100ft Roll

#400665

<ul> <li>Medical grade paper construction</li> <li>Azure strip turns brown when exposed to high temperature.</li> <li>400597B 2.5"x 1.5"x 10.5" • 250/Box</li> </ul>	<ul> <li>Exclusively for st sterilization</li> <li>Strip changes col high temperature</li> <li>Used inside or outside of bag/pouch</li> <li>400635 Dry Heat Indicator Strips 100 4" strips/Box</li> </ul>
<ul> <li>CPAC NYLON STERILIZAT</li> <li>Self-Sealing and notched for easy ope</li> <li>Exclusively for static and rapid dry he</li> <li>Includes external chemical indicator</li> </ul>	ning

		11/3
36	2"x 10" • 100/Box	PH C
51	3"x 10" • 100/Box	12/1
37	4"x 10" • 100/Box	1 Ann
38	7"x 10.5" • 100/Box	
39	9.5"x 13" • 100/Box	



•

400640 transfer rack 400644 400545





#400667

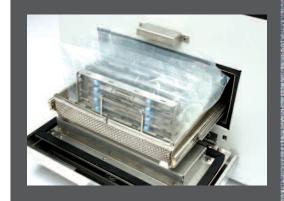
4" width

100ft Roll

#400668

6" width

100ft Roll



#### **CPAC SPORE TEST KITS**

- Biological Indicator insures sterilization efficacy

#### • Compliant with CDC Guidelines for weekly testing

400633 Sterilizer Monitoring Mail-In Service 12 Tests/Box 400634 Sterilizer Monitoring Mail-In Service 52 Tests/Box



#### **CPAC IN-OFFICE BIOLOGICAL** INDICATOR MONITORING SYSTEM

• Clear, easy to interpret, system measures sterilizer effectiveness CDC Compliant for 7-day incubation

20 BI Strips, 20 Media Tubes, 37°C Incubator, record,

Culture set refill kit • 20/Box

Culture set refill kit • 100/Box



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# **PRODUCT COMPARISONS**

## **CPAC EQUIPMENT STERILIZERS COMPARATIVE ANALYSIS**

FEATURES		Steri <b>Dent</b> DRY HEAT STERILIZERS	SteriSURE*	COX <b>RAPIDHEAT</b> .
Dry Heat: 320°F; 60 m	inute cycle	<b>~</b>	<ul> <li>✓</li> </ul>	
High-Velocity Hot Ai	r: 375°F; 6, 8 & 12 minute cycles			<ul> <li>✓</li> </ul>
Automated Controls,	Digital Display		<ul> <li>✓</li> </ul>	<ul> <li>✓</li> </ul>
Sterilization Cycle D	ata Storage – USB Data Port		<ul> <li>✓</li> </ul>	<ul> <li>✓</li> </ul>
Cycle Interrupt Moni	itor		<ul> <li>✓</li> </ul>	<ul> <li>✓</li> </ul>
	Health & Beauty	<b>&gt;</b>	<ul> <li>✓</li> </ul>	
Recommended Application	Dental, Orthodontic		<ul> <li>✓</li> </ul>	<ul> <li>✓</li> </ul>
	Ophthalmology, Health Care Clinics and Hospitals			<ul> <li>✓</li> </ul>
Electrical Requireme 220V-240V	ents: 110V-120V	<b>~</b>	<ul> <li>✓</li> </ul>	<ul> <li>✓</li> </ul>
FDA (510(k)		<b>&gt;</b>	<ul> <li>✓</li> </ul>	<ul> <li>✓</li> </ul>
UL-, CSA-, ETL- approved		-	<ul> <li>✓</li> </ul>	<ul> <li>✓</li> </ul>

#### **FEATURE COMPARISON HVHA™ AND STEAM STERILIZERS**

FEATURES	High Velocity, Hot Air™	Steam Sterilizers	
Total Sterilization Cycle (Includes Pre-heat and Drying Cycles)	10-16 Minutes	46-70 Minutes	
Sterilizer Operation and Mechanical Complexity	Simple	Complex	
Electrical Requirements	110V	110-220V	
Water/Steam Requirements	No	Yes	
Instrument Thermal Compatibility	> 95%	> 95%	
FDA 510(k) Pre-Market Approved	Yes	Yes	
Treatment Cycles Documented and Stored	Yes	Yes	
Instrument Drying Cycle Required	No	Yes	
Potential for Instrument Corrosion from Process	Low	High	
Toxicity of Sterilization Process (Toxic Residues)	None	Low (With No Water Additives)	
Sustainability Factors	20% of Energy Required for Steam Sterilization	Highly Energy Dependent; Purified Water Required	

## Instrument Sterilization: The Case for High-Velocity Hot Air Sterilization of Dental and Microsurgical Instruments

Nelson S. Slavik, PhD discusses a sterilization method that can effectively sterilize dental and microsurgical instruments while increasing instrument life span.

#### Abstract

Traditionally steam sterilization has been the primary mechanism by which to sterilize dental and medical surgical instruments. However, advances in sterilization technologies have provided another thermal sterilization technology that uses high-velocity hot air to effectively sterilize instruments in significantly shorter time periods without the use of water, thus eliminating instrument drying and instrument corrosion. With concurrent advances in heatresistant materials, most dental and microsurgical instruments are compatible with the temperatures employed in this sterilization process. Shorter sterilization processing cycles result in reducing expensive instrument investment and assuring efficient instrument use. Eliminating instrument corrosion provides a longer, useful lifespan of delicate, costly instruments, in turn lowering dental practice operating costs.

#### Introduction

The use of steam sterilization is the predominant method to sterilize dental and medical surgical instruments having direct patient contact. The effectiveness of steam sterilization is, however, predicated on the adherence to the critical factors that allow steam to have direct contact with the instrument. Inattention to prescribed packing, packaging, or operational conditions can lead to ineffective sterilization and put patient and practitioner at risk. Other factors such as instrument turnaround time

and instrument corrosion also make steam sterilization less desirable for the dental office where procedural timing and delicate instrumentation are required for an efficient and successful practice.

Of other chemical and thermal alternatives to steam sterilization, only dry heat sterilization has gained wide acceptance in the dentistry. Each, including traditional dry heat sterilization, has its limitations to scope of usefulness and logistical ease in the

### "Shorter sterilization processing cycles result in reducing expensive instrument investment and assuring efficient instrument use."

clinical setting. For the chemical sterilization alternatives, sterilization time, the toxicity of the chemical, and potential corrosiveness limit, if not exclude, chemical sterilization as a viable alternative. Traditional dry heat methodologies are limited by lengthy sterilization times (one hour at 340°F; one to two hours at 320°F dependent on device used), but do not possess the problems of chemical toxicity or corrosion exhibited by chemical sterilization technologies. However, the lack of uniform sterilizing heat distribution and corresponding uneven temperature pattern in traditional dry heat sterilizers has combined to make validation of the sterilization process difficult.

The resurgence of dry heat as a legitimate sterilization technology began in 1960 with work conducted by the National Aeronautics and Space Administration (NASA) for ensuring the sterility of lunar and planetary spacecraft. Conducted at the Army BioLabs at Fort Detrick, Maryland under the direction of Dr. Charles R. Phillips, this work led to the selection of dry heat as the only viable sterilization option for total sterilization of planetary and interplanetary spacecraft. Evaluated

and found unacceptable as a means of sterilization were steam sterilization, gaseous and liquid chemical sterilants, and radiation. Dry heat sterilization technology was first used on the Mars Viking I and II Landers in the mid-1970's and continues to be used today as the primary method for sterilizing all planetary and interplanetary spacecraft.

Although the use of dry heat by NASA was limited to static dry heat (non-moving air), data generated in these studies demonstrated that the rate of heated airflow over a bacterial spore populated surface significantly increased spore destruction rate. This observation was noted by Dr. Keith Cox, D.D.S. in the mid 1980's and inspired his

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development of the patented Cox RapidHeat<sup>™</sup> Transfer Sterilizer. Differing from the traditional dry heat sterilizer in which air remains static (air movement only by gravity convection) or in which air is minimally re-circulated by mechanical convection to enhance heat distribution, this novel approach employs directed, uniform high-velocity hot air across the surface of the instruments. The result is a marked reduction in time required for instrument sterilization from hours by traditional dry heat sterilization versus six to twelve minutes at 375°F in the Cox RapidHeat<sup>™</sup> Transfer sterilizer. The device was granted 510(k) status from the U. S. Food and Drug Administration (FDA) in 1987 and 1988 as a Class II (Performance Standards) device.

High-velocity hot air sterilization has since been recognized and validated for use in healthcare applications including medical and dental offices, laboratories, ambulatory care clinics, and hospitals by the Centers for Disease Control and Prevention in their publications "Guidelines for Infection Control in Dental Health-Care Settings - 2003" and "Guideline for Disinfection and Sterilization in Healthcare Facilities, 2008." 1,2 Standards for use and process validation have been issued under the auspices of the American National Standards Institute and the Association for the Advancement of Medical Instrumentation in standards ANSI/AAMI ST40:2004(R)2010 and ANSI/AAMI ST50:2004(R)2010. 3,4

As stipulated by FDA, highvelocity hot air sterilizers operate at 375°F under varying time exposures, dependent on whether the instrument is unwrapped (sixminute exposure), wrapped

The result is a marked reduction in time required for instrument sterilization from hours by traditional dry heat sterilization versus six to twelve minutes at 375°F in the Cox RapidHeat<sup>™</sup> sterilizer.

(twelve-minute exposure), or as unwrapped hand pieces and medical drills (eight- minute exposure). Dry heat functions to sterilize by the transfer of heat to the microorganism, causing dehydration and the organism's inability to reproduce due to enzymatic damage (metabolic and genetic). Time-temperature profiles have been established for wrapped instruments, unwrapped instruments, and surgical drills to deliver a Sterility Assurance Level (SAL) representing a microbial inactivation level of twelve Logs of Bacillus atrophaeus spores as required by FDA and ANSI/AAMI standards.

#### Instrument and Materials Compatibility

As with any thermal sterilization device, temperature compatibility with all intrinsic instrument components is imperative. For a high-velocity hot air (HVHA<sup>TM</sup>) sterilizer operating at 375°F, most of today's instruments and their components are constructed of materials that would not be subjected to damage at this elevated temperature. Standard hand pieces, pliers, and cutters are typically composed of 440-C stainless steel or other high temperature-resistant metals (including solders).

The temperatures used in dry heat sterilization whether static, lowconvection, or HVHA<sup>TM</sup> processes do not contribute to corrosion or the

stressors that dull, pit, or crack instruments. Surgical stainless steels that are used in biomedical applications are also used in industrial applications requiring thermal compatibility in excess of 2000°F due to their ability to provide good strength and good resistance to corrosion and oxidation at these elevated temperatures.<sup>5</sup>

For those instruments that contain plastic or other non-metal components there may be susceptibility to repeated exposure to 375°F, although most non-metal components compatible with a steam sterilization process are also compatible with exposure to 375°F. Changes in color, cracking, or other alteration in physical appearance are visible indicators that the elevated temperature is affecting the material and could affect the instrument's performance. In recent years the creation of more heat-tolerant materials (e.g., heat-resistant fluoropolymers and silicones) and their replacement of heatintolerant materials used in medical devices has reduced significantly the number of instruments that are intolerant to dry heat sterilization conditions.

Significant with any hot air sterilization method are the hot, dry conditions that minimize or eliminate instrument corrosion. With any chemical or steam sterilization method, chemical and/or water (steam) react with metals to

corrode. Corrosion impacts on the ability to properly sterilize an instrument (e.g., micro-pitting) and the instrument's efficacy of use (e.g., dulling), resulting in shortening the effective lifetime of an instrument. Instrument exposure to chloride environments (e.g., chlorine containing cleaners/disinfectants) is a primary source for pitting and cracking regardless of a wet- or dry heat sterilization process, however a wet heat (steam) sterilization process amplifies the corrosion process and significantly impacts on an instrument's material integrity. Contrary, dry heat sterilization is a moisture- or water-free process that does not provide the conditions necessary promote corrosion. The temperatures used in dry heat sterilization whether static, low-convection, or highvelocity hot air processes also do not impact on corrosion or any other stainless steel stressor.

#### Instrument Turnaround

To minimize expensive instrument inventory and to assure efficient instrument use require a quick turnaround of instruments from one patient to the next. Often instrument sterilization is the most time consuming operation in this preparatory process. All thermal sterilization processes are time and temperature dependent and sterilization times cannot be shortened to expedite the process.

Comparison of times required of steam sterilization and high velocity hot air sterilizers must accurately reflect the total time required of the sterilization process from the time the instrument is placed into the sterilizer until the time it is removed. Complete steam sterilization processing time includes (1) the time necessary to achieve the required temperature and pressure; (2) the sterilization cycle time and (3) instrument drying cycle time.

#### COMPARISON OF TOTAL TREATMENT TIMES BETWEEN STEAM **STERILIZATION AND HIGH VELOCITY HOT AIR™ STERILIZATION** TABLE 1

Sterilizer Type	Pre-Cycle Heating Time (Min)	Pre-Cycle Heating Time (Min) UW1 W2		Drying Cycle Time (Min)	Total Elapsed Processing Time (Min)
Vacuum-Assist Autoclave <sup>3</sup> @ 270°F	15-17	3	5	30	48-52
Cassette-Type Autoclave <sup>4</sup> @ 270°F	3-4	3.5	6	60	67-70
Cassette-Type Autoclave <sup>5</sup> @ 270°F	3-4	3.5	5.5	40	46-50
HVHA Sterilizer <sup>6</sup> @ 375°F	3-4	6	12	0	10-16

<sup>1</sup> Unwrapped Instruments <sup>2</sup> Pouched Instruments <sup>3</sup> Midmark M11; M11 website brochure <sup>4</sup> SciCan 5000; FDA 510(k) <sup>5</sup> Midmark M3; FDA 510(k) <sup>6</sup> CPAC Equipment Cox RapidHeat™ Transfer Sterilizer

Two types of steam sterilizers are typically found within dental practices: traditional vacuum-assist autoclave and cassette autoclave. These types of steam sterilizers require up to 17 minutes to achieve the required temperature and pressure before the sterilization cycle is initiated. For the vacuumassist sterilizers programmed for operation at 270°F the sterilization time ranges from four to eight minutes for unwrapped and wrapped instruments, respectively. These sterilization cycle times are roughly equivalent to those of the most commonly used cassette autoclave at 270°F with unwrapped and wrapped instruments having a three and half-minute and a six-minute cycle time, respectively. However, the most critical time factor is the time required for instrument drying, thirty minutes for the vacuumassist autoclave and sixty minutes for the commonly-used cassette unit [as prescribed in the sterilizer's

FDA 510(k)]. Total instrument turnaround time therefore is considerable with vacuum-assist units taking from 48 to 52 minutes. For cassette autoclaves the turnaround time ranges from 46 to 70 minutes. See Table I on page 17.

High velocity hot air sterilization is a dry heat process and as such, does not require a drying cycle. Complete processing time includes the time required to attain 375°F, usually three to four minutes with the sterilization cycle time of six minutes or twelve minutes for unwrapped and wrapped instruments, respectively, resulting in a total processing time of ten to sixteen minutes. A comparison of total treatment times between stream sterilization technologies and the Cox RapidHeat<sup>™</sup> Transfer sterilizer is shown in Table I.

#### **Operational Requirements and** Logistics

High velocity hot air sterilizers were developed primarily for use within dental clinical practices and as such, the sterilizers are small, designed for tabletop use or to be portable by placement on a moveable cart. High velocity hot air sterilizers typically operate on 110-120V or 220V and are energy efficient (e.g., 1100 watts for the initial warm up stage at the beginning of the day and 300 watts during the sterilization cycle). High velocity hot air

sterilizers require no water or stream for operation, making their placement contingent only on the availability of conventional or field generated electricity.

Standard controls minimize error and make the operation of the unit easy for dental or medical staff. Controls are limited to an On/Off switch and for pre-programmed cycle time designations (e.g., wrapped, unwrapped, or hand pieces). Operationally, the sterilizer is turned on at the beginning of the day and turned off at the completion of the day's practice.

The sterilizer typically requires approximately fifteen minutes to initially heat to operational temperature. Once the unit is at temperature it will automatically maintain that temperature throughout the day. As such when instruments are ready to be sterilized, only three to four minutes are required to heat the chamber and the instrument load to temperature. Once the chamber is at operational temperature, the sterilization cycle is automatically initiated. The operator is notified at the completion of the cycle and the instruments are removed from the unit and allowed to cool before use.

#### Wrapped Versus Unwrapped Instruments

CDC recommends sterilization of unwrapped instruments only be conducted under "immediate use"

(previously termed "flash sterilization") or emergency situations that require a rapid turnaround of the critical instrument.<sup>1</sup> Situations in which unwrapped instrument sterilization is permitted, critical and semi-critical instruments must be protected from environmental contaminants during their transport to point of use to maintain sterility.

Unwrapped instruments are to be used immediately after undergoing the sterilization process. For steam sterilization if there is an interrupted or inadequate drying cycle, instruments removed from the sterilizer will be wet, making aseptic transfer to the point of use more difficult.<sup>1</sup> Dry heat sterilizers do not require a drying cycle. CDC recommends that all semi-critical and critical instruments should be packaged before sterilization if they are not to be used immediately. 1,7

Wrapping or pouching instruments with the appropriate packaging avoids potential environmental contamination during the instrument's transfer to point of use and also allows for the temporary or long-term storage of the instrument before patient use. Increasingly, state regulations are mandating that instruments be wrapped or pouched during sterilization. Adhering to CDC recommendations, even in the absence of state regulations, will

Complete processing time includes the time required to attain 375°F, usually three to four minutes with the sterilization cycle time of six minutes or twelve minutes for unwrapped and wrapped instruments, respectively, resulting in a total processing time of ten to sixteen minutes.

## Only the Cox RapidHeat<sup>TM</sup> Transfer high-velocity hot air sterilizer has the ability to maintain uniform heat and air velocity distribution to preclude nylon pouch from melting.

minimize any potential liability.

Wrapped or pouched instruments require additional sterilization cycle times for both steam and the HVHA<sup>TM</sup> technologies. For steam sterilizers (vacuum-assist or cassette) sterilization cycle times increase two-fold (from 3 to 6 minutes) and for the Cox RapidHeat<sup>™</sup> Transfer sterilizer from 6 to 12 minutes (Table I) for wrapped instruments. However for steam sterilizers, drying cycle times range from 30 to 60 minutes. A drying cycle is not required for the HVHA<sup>TM</sup> Cox technology.

The additional drying cycles required for steam sterilizers dramatically increase the time for instrument processing to a total elapsed processing time between 46 to 70 minutes. To shorten these excessive processing times, the operator has the ability to terminate the drying cycle prematurely. If there is improper drying, cooling will cause any moisture to condense and packaged instruments to remain wet, increasing the potential for instrument corrosion.

Furthermore moisture degrades the ability of the packaging to maintain sterility. The practice violates CDC's recommendations that state "instrument packs should be allowed to dry inside the sterilizer chamber before removing and handling.

Packs should not be touched until they are cool and dry because hot

packs act as wicks, absorbing moisture, and hence, bacteria from hands."1 Elimination or minimization of the sterilizer's drying cycle is acceptable for "immediate use" or emergency situations only.

Due to the increased temperature employed by dry heat sterilization technologies, nylon pouches are used to package instruments. Standards for instrument placement and wrapping are contained within ANSI/AAMI ST40:2004(R)2010.6 Nylon can withstand temperatures approaching 420°F. However if uniform heat distribution cannot be maintained within a dry heat sterilizer, hot spots in the chamber may result that exceed nylon's melting temperature.

Only the Cox RapidHeat<sup>™</sup> Transfer high-velocity hot air sterilizer has the ability to maintain uniform heat and air velocity distribution to preclude nylon pouch from melting. The inability of any dry heat technology to process pouched instruments limits that technology for "immediate use" or emergency situations only

#### A Comparison Between Steam and **HVHA Sterilization**

No one sterilization technology can be used under every circumstance. Each has its own limitations with material compatibility, water/steam sensitivity, pressure sensitivity, temperature sensitivity, sterilant penetration, or time requirements for required treatment efficacy.

However, for the sterilization of dental and medical surgical instruments there are only two choices to consider: Steam or HVHA<sup>TM</sup> Sterilization. Provided on page 14 is a feature comparison between Steam and HVHA<sup>TM</sup> Sterilizers to assist dental or clinical practice in making the appropriate choice.

#### Summary

High velocity hot air sterilization technology is an excellent instrument sterilization option for the dental practice. A moisture-free and water-free environment eliminates instrument corrosion issues that dull and limit the useful lifespan of the delicate instruments used in dentistry. The short sterilization cycles and the elimination of the need for instrument drying provide a rapid turnaround of instruments, resulting in timely availability for the next patient and minimizing instrument inventories.

Pre-set time-temperature parameters and automatic controllers ensure sterilization for each sterilization cycle. These sterilization parameters are recorded and stored within internal memory for retrieval via a USB port for external storage or hardcopy printouts, providing the data necessary to document sterilization conditions for each treatment cycle.

#### **ABOUT THE AUTHOR**



Nelson S. Slavik, Ph.D., is senior vice president of Integrated Medical Technologies, Inc. Responsibilities include research and development of infection control, patient safety, and sterilization technologies. Academically, he holds dual degrees from the University of Illinois at Urbana-Champaign, which include a Ph.D. in Microbiology and Master of Science in Biochemistry. He served on the faculty of the Department of Health and Safety Studies at the University of Illinois at Urbana Champaign and as the Biological Safety Officer for the campus

for over ten years. He has authored over 80 articles on environmental and occupational safety legislation, regulations, and their application and has participated in over 100 healthcare workshops and seminars.

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# **DEMONSTRATED SUSTAINABILITY**

he New York State Pollution Prevention Institute at Rochester Institute of Technology conducted a study (June, 2015) to provide an independent, third party energy and water use L comparison of the Cox RapidHeat<sup>™</sup> Transfer Sterilizer (CRH) to two competitive table-top steam sterilizers. The comparative analysis was based on average measured energy and water use per operational cycle and unit mass of instruments sterilized as well as cycle characteristics. The conclusions drawn from this evaluation were as follows:

As a dry-heat sterilizer, the Cox Rapid Heat Sterilizer uses no water, and is therefore more efficient, relative to water use, than steam sterilizers

Once at operating temperature, and when run under standard\* operating conditions, the CRH sterilizer exhibited the following performance results as compared to the steam sterilizers evaluated:

- Cycle times 3X to 6X faster
- Averaged 84% less energy per sterilization cycle
- per unit mass of unwrapped instruments sterilized\*\*
- Averaged 27.2% more energy efficient (vs. Unit 2) and 3.5% less efficient (vs. Unit 1) per unit mass of wrapped instruments sterilized\*\*, \*\*\*

Factors such as the mass of instruments, possibility of corrosion, and specific application requirements should also be considered when comparing the CRH sterilizer to steam sterilizers.

\* When loaded immediately after previous cycle; does not include standby mode, which uses an average 0.008 kWh/mir



\*\* Based on the range of measured data over five tests for each unit

\*\*\* Unit 1 had a larger instrument capacity (6 fold) than the CRH sterilizer resulting in a marginally higher energy efficiency per unit mass



• Averaged 9.5% (vs. Unit 1) and 10.7% (vs. Unit 2) more energy efficient

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